

H E R O M E N U

PHONE IN YOUR ORDER FOR LIGHTNING FAST SERVICE - PICK UP AT REGISTER 214-521-2070 OR FAX YOUR ORDER IN TO 214-521-9030

BREAD CHOICE: SOURDOUGH WHITE, WHOLE WHEAT, JALAPENO CHEESE, MARBLE RYE, FRENCH, FOCCACIA, and SUN DRIED TOMATO
(Contains no Trans Fats) PLUS 12" TORTILLA WRAPS (Tomato Basil, Spinach, & Garlic Herb)

Cold Heroes

* All Heroes reg. unless dbl. is requested

REG. DBL. MEAT

- The Italian**
Genoa Salami, Baked Ham, Cappelletti & Provolone **5.55** + 2.00
- Baked **HAM & SWISS** Cheese **5.55** + 2.00
- Baked Ham, Turkey Breast & Provolone Cheese **5.75** + 2.00
- Turkey Breast, Lean Roast Beef & Provolone Cheese **5.95** + 2.00
- Lean **ROAST BEEF** & Provolone Cheese (or try it **HOT** with Cheddar) **5.95** + 2.00
- The Great American Hero**
Genoa Salami, Baked Ham, Bologna, & Provolone **5.55** + 2.00
- TURKEY** Breast & Provolone Cheese **5.75** + 2.00
- Genoa Salami, Pepperoni & Provolone Cheese **5.55** + 2.00
- The Super Hero** - Provolone & Swiss Cheeses, Genoa Salami, Pastrami, Baked Ham, Bologna, Cappelletti & Pepperoni **6.75** + 2.50

Hot Heroes

- A. Mesquite Grilled Chicken** with melted cheese of choice
- B. Buffalo Chicken Sandwich** with melted pepper jack cheese **6.95**
- C. Chicken Parmegena** on Focaccia Bread with melted provolone & pasta sauce
- Hero's Club** - Baked Ham, Turkey Breast, Cream Cheese, Black Olives & Provolone (Dbl Meat + 2.00) **6.45**
- Heavenly Hero** - Baked Ham, Cream Cheese, Mushrooms & Swiss Cheese (Dbl Meat + 2.00) **6.45**
- Heroletta** - Baked Ham, Turkey, Monterey Jack Cheese, Genoa Salami, Provolone Cheese with a Cajun Blend of Green & Black Olives, Mushrooms, Oils & Spices (Dbl + 2.50) **6.45**
- Grilled Reuben** - Marble Rye Bread, Corned Beef, Swiss, Sauerkraut & Spicy Mustard (Dbl + 2.50) **6.45**
- Pastrami** - (Beef or Turkey) & Provolone Cheese (Dbl + 2.00) **5.75**
- Italian Meatball Hero** with Marinara Sauce (with melted Provolone Cheese .70 extra) **5.50**
- Pizza Hero** - Open Faced With Italian Sauce, Pepperoni, Provolone, Spices & **One Free Extra Veggie Pizza Hero Available** **5.45**
- CHEESESTEAK** - with Marinated Peppers, Onions, & Mushrooms
 - Philly** - Smothered with Cheddar Cheese
 - Italian** - with Marinara Sauce & Provolone and Parmesan **6.75**
 - Mexican** - with Jalapenos & Pepper Jack Cheese
 - Chicken Philly**

Lite Heroes

- Solid White Albacore **TUNA** **5.75**
Also Fat FREE Tuna available (Cheese .70 extra, Double Tuna + 2.50)
- HERO made Chicken Salad** **5.75**
(Cheese .70 extra, Double + 2.50)
- Peanut Butter, Banana & Honey** (or Peanut Butter & Jelly) **Granola Free** **3.95**
- Healthy Hero** - Cucumbers, Cream Cheese, Mushrooms, Black & Green Olives, Sprouts & Monterey Jack Cheese **5.75**
- AVOCADO** & Monterey Jack Cheese **5.95**
(or 1/2 Avocado and 1/2 Hummus & Cheese)
- Cheezy Hero** - Provolone, Swiss, Cheddar & Pepper Jack Cheeses (add Cream Cheese .70) **5.75**
- Garden Hero** - Cucumbers, Mushrooms Black & Green Olives, Sprouts & Pickles **5.55**
- Hummus Hero** - HUMMUS, Cucumbers, Sprouts, with HERO Dressing, and choice of *Roasted Pepper Mayo* or *Ranch* **5.65**
- Veggie Delight** - Marinated Peppers, Onions, & Mushrooms with "Hero Dressing" (Add Cheddar .70) **4.95**
- CUBAN Panini** - Roasted Pork, Baked Ham, Cappelletti Turkey, Swiss Cheese, Spices, Sliced Dill Pickles, and Dijon Mustard **6.75**
- BLT + American Cheese** (Bacon, Lettuce, Tomato, Spices & Mayo) (DBL \$2.00) **5.25**
- Belly Buster - 6" HIGH** - 9 meats 5 cheeses, plus 6 extras - **24 oz.** **14.95**

Salad Heroes

CHEF Salads - (Cost of Hero + .70)

Choose your own favorite Hero and we will make it into a delicious, healthy, nutritious, CHEF Salad.
Ranch, Bleu Cheese, T.I., Creamy Italian, Honey Mustard Fat Free Ranch, Lite Raspberry Vinaigrette
(Half CHEF Salads Available)

Chicken Caesar Salad:

Sm - 4.95 Lg - 6.95

Dinner Salads: Sm - 2.95 Lg - 3.95

Caesar Salad: Sm - 3.50 Lg - 4.75

Vegan HUMMUS Plate Sm - 3.95 Lg - 5.25

FRUIT Salads: Sm - 2.25 Lg - 3.25

Soups: Cup - 2.25 Bowl 2.85

Texas Chili: Cup 2.75 Bowl 3.65

Nachos

(Jalapeno's free / Avocado .95)

- Cheese **3.75**
- Chili & Cheese **4.75**
- HERO Nachos - **5.55**
Chili, Cheese, Lettuce Tomatoes, Onions, Spices and Parmesan Cheese - Jal.??

KIDDIE ~ Senior Menu

(under 12 or over 59 only)

Sandwiches \$6.00 and under only **4.55**

• Half Sub, Sm. Drink & Chips

Half Heroes

1/2 Reg. HERO Price Plus .50

★★★★★★★★

**HEALTHY, NUTRITIOUS FOOD
FRIENDLY, SMILING SERVICE**

FREE ★★★★★ **Hero Dressing - "The Works"** ★★★★★ **FREE**

• **Question #1 EVERYTHING??** Fresh Shredded Lettuce, Onions, Tomatoes, Blend of Canola & Olive Oil, Red Wine Vinegar, Spices & Oregano

• **Question #2 Spice Up Your Hero with...**
Mayo: Regular, Fat Free, Zesty, Basil or Roasted Pepper Mayo
Mustard: Yellow, Spicy, or Honey // Thousand Island // Ranch // Creamy Italian
(Blue Cheese, Fat Free Ranch, Miracle Whip, Hot Sauce, A-1, Ketchup, Horseradish, BBQ Sauce)
Add - Bacon, Avocado, or Hummus to any sandwich95

(Prices Subject to Change)

In Dallas Since 1974

Extras (On HERO or Salads) **Extra Cheese or Meats .70/oz.**

ADD • Avocado, Sizzling Bacon, or Hummus **.95**

• Mushrooms • Black Olives • Green Olives • Cucumbers • Jalapeno's • Pickles

① - .40 ② - .70 ③ - .95 **Sprouts - FREE Grilling+ .50**

Corporate Catering & Express Lunch Specialist

Thirsty Heroes

- Freshly Squeezed Lemonade & Limeade
- Coke • Dr Pepper • Diet Coke • Sprite
- Root Beer • Freshly Brewed Tea • Milk
- Bottled Water • Juices • Coffee • Chai's
- Handmade Milkshakes, Floats & Malts



★ NEW ★ Combo Meals ★ NEW ★

- Buy any Sandwich or Salad, add a **LARGE** Drink and any side (chip, pickle, potato, macaroni, or pasta salad **OR** cookie) for **\$2.89**

Hero Extras

- Assorted Chips - 15 Types
- Potato, Macaroni, & Pasta Salad, Kosher Dill Pickles - whole, 1/2, 1/4
- Pepperoncini, Cherry & Jalapeno's

SOUPS • CHILI • NACHOS



Sweet Heroes

- Scrumptious Cookies
- Bodacious Fudge Brownies
- Brownie Sundae
- Wild About Harry's Frozen Custard
- Fresh Fruit Salad & Fruit

Party Heroes

- Box Lunches - Our Specialty
- 3', 4', 6' GIANT Party Heroes
- Sandwich & Wrap TRAYS
- Meat, Cheese & Vegetable Platters
- Vegetable & Dip Platters
- Dessert Trays & JUMBO Fresh Fruit Bowls
- Ask about our "Self-Catering Planner"

• Office Parties

• Promotions / Meetings

- CALL US WE CAN SET UP CORPORATE ACCOUNTS, WE CAN DO GIANT ORDERS
- ★ WITH JUST HOURS NOTICE ★
- We Specialize in Box Lunches
- \$50.00 Minimum - \$10.00 Delivery Fee**

★ Gourmet Subs ★



4001 Lemmon Ave.
(at Oaklawn)

214-521-2070

Fax: 214-521-9030

9 am to 10 pm Mon. - Sat. • Sun. 10:00 am to 9 pm

DINING ROOM CLOSING 1 HOUR EARLIER THAN DRIVE-THRU WINDOW

www.greatamericanhero.net

VISA / Mastercard / AMEX / Discover / Debit / Cash

Catering Available!
We are really really good, fast and dependable!



Since 1974

MISSION STATEMENT

Since 1974, The Great American Hero and it's employees have been committed to:

- Uncompromising personal service with prompt and friendly attention.
- Great tasting, healthy, and nutritious foods served in a clean environment.
- Each product being treated like a gift to you and each customer treated like a guest in our home.
- Being mindful and conscious of individual differences and having a pleasant visit.

Bon Appetit!
The Lemmon Ave. Heroes



DELICIOUS, TASTY, HEALTHY, NUTRITIOUS, WHOLESOME, SAFE, FLAVORFUL, HEARTY, ROBUST, LOW CHOLESTEROL, LOW FAT, GREAT TASTING, FIBER RICH

03/11